This circular trail is dotted with sculptures of fabulous creatures from Galicia's oral tradition. From its highest point you can enjoy an extensive view of the horizon, featuring the best panoramic view of the city as well as the surrounding mountains and valleys.

It can be accessed from the Cidade da Cultura (City of Culture) or the roads from the village of O Viso and the parish of Aríns. In the case of the Cidade da Cultura, we recommend coming by car since there is no specific path for pedestrians.

The route begins beside the carpark, where there is also a picnic area. You can complete it in either direction; the signs make it easy to find your way around.

We suggest following the trail by taking the asphalted track northwards and, after about 300m, turning left to start going up the forest path. The path is easy to follow thanks to signposts indicating the "Xiro dos Montes: Monte Gaiás-Monte Viso" route and others belonging to the Senda Mitolóxica (Mythological Trail).

The first figure we come across is **A Lamia**, and from there we continue going up. On reaching the crossroads, we follow the sign indicating the way to the next sculpture, **A Coca**. We then follow the signs for the viewpoint, going up again along the path, which, a few metres further up, brings us to **O Nubeiro**. In order to continue, we recommend returning to the path and continuing up, along the hillside, which will enable us to see some of the rural territory surrounding the city of Compostela.

On reaching the easternmost point, there are signs inviting us to go up a paved path leading to the Monte Viso viewpoint and another mythological figure, Breogán. This area also features strategically placed wooden benches so that we can enjoy the views.

Back on the track, opposite us we will see the figures of Os Mouros. We can then head towards the crossroads, where a sign points to the right to access the figures of A Meiga, O Urco, O Tardo, A Moura, O Gatipedro, and Os Biosbardos. The path that continues straight ahead, going downhill, takes us back to the start, where there is a picnic area and the trail ends. However, if we want to visit all the mythological figures, we will have to follow the path on the right, which is 700m long (one way).





nearby trails

05. River Sar > Muíño de Parceiros

06. River Sar > Bosque do Banquete de Conxo

- 07. Bosque de Galicia > Cidade da Cultura
- > Parque do Lago
- · Xiro dos Montes "Monte Gaias Monte Viso"



keep in mind



- > Suitable clothes and footwear for walking, taking into account weather conditions and the trail's characteristics.
- > Riverside trails are usually damp, especially after rainy days, when waterlogged or slippery areas can appear.



> Keep the countryside clean and protect biodiversity.



> Help us to improve. We appreciate your comments, suggestions, or notifications regarding the condition of the trail at sendas@santiagoturismo.com









Monte Viso
[Mythological Trail]

of Santiago de Compostela



