A linear route following part of the River Sarela upstream. Easy to access from the old town via the Galeras district. The walk enables you to see different uses of the river in the past, featuring old waterwheels, tanneries, fountains, and washing places.

We recommend starting at **Ponte da Asén** (bridge), in **Parque das Galeras** (park), due to its proximity to the old town and because there are spaces for parking, eating establishments, a children's playground, etc.

From Ponte da Asén we head upstream along the street of the same name, with the Sarela on our right, as far as a stonewall, where we turn right to pass by the fountain called Fonte da Ponte da Asén and continue along the riverbank. On reaching the bridge, we cross it and turn right and then left, in parallel to the Lavadoiros de Santa Isabel (washing places) and continue along the trail following the river course, which is now on our left.

On reaching Área recreativa de Lermo (picnic area), we turn left to arrive at the Camiño de Lermo bridge. Without crossing the bridge, we continue on our way with the river on our left. About 400m away, when the dirt trail ends and an asphalted track begins, the trail turns left towards the river again and leads to a road facing the Muíño do Avío waterwheel, where it turns left again and passes by the Fonte do Casal da Horta fountain on the way to the bridge. After crossing the Casal da Horta bridge, we have to turn right to continue along the trail running parallel to the river, which is now on our right, and bordering the Muíño da Tendeira waterwheel.

From here we are less than 500m from Ponte dos Tres Ollos, a medieval bridge beside Fundación Laboral da Construción, a former tannery, where the Fonte and Lavadoiro da Ponte Pedriña de Arriba (fountain and washing place) are located, as well as the ruins of the Muíño da Ponte Pedriña de Arriba waterwheel.

After returning to the Ponte da Asén bridge, we can extend our walk with Trail 02 River Sarela Downstream, which takes us along the river course as far as the Ponte Sarela bridge.





nearby trails

02. << River Sarela downstream

03. Finca do Espiño > Selva Neara > Granxa do Xesto

04. Monte Pedroso

- Xiro dos Montes "Monte de Deus Monte Pedroso
- Monte de Vidán"



keep in mind



- > Suitable clothes and footwear for walking, taking into account weather conditions and the trail's characteristics.
- > Riverside trails are usually damp, especially after rainy days, when waterlogged or slippery areas can appear.



> Keep the countryside clean and protect biodiversity.



> Help us to improve. We appreciate your comments, suggestions, or notifications regarding the condition of the trail at sendas@santiagoturismo.com









River Sarela upstream >>



